



PeerTalk®

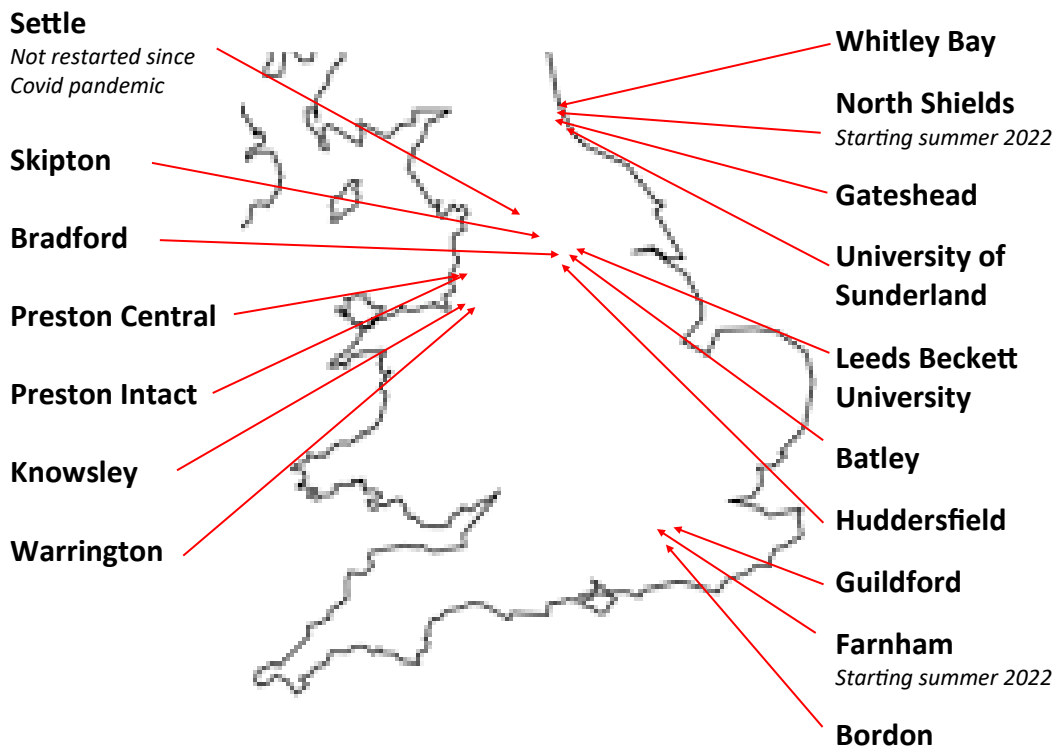
PeerTalk's Summer Appeal 2022

www.peertalk.org.uk

Our summer appeal aims to raise £35 000 in order to appoint a member of staff this September 2022. If many people contribute a little then we can achieve this. As it is often said... 'every little helps'.

PeerTalk support groups are attended by people who live with depression, anxiety and related distress. The groups are facilitated by trained volunteers. PeerTalk's vision is to establish a national network of support groups across the UK.

Our PeerTalk Support Groups



We are pleased to share our 2022 Annual Report [here](#)

See evaluation of our work [here](#)

[Donate here](#)

[CAF Bank Account: 00030406 40-52-40](#)

Registered Charity No. 1169830

Thank You - your contribution has a positive impact on people's lives

'I find going to the group just helps me feel not alone, that I am not in this on my own, that there are other people going through what I am going through.'