

Just turn up at 6.30pm.....no need to book and it's free

"People start to heal the moment they feel heard"

Cheryl Robinson

LEEDS

# PeerTalk®



**Peer Support Group  
for those living with  
depression, anxiety  
or other distress**



PeerTalk®

Find out more at:

- 📞 07719 562 617
- 🌐 [peertalk.org.uk](http://peertalk.org.uk)
- ✉ [enquiries@peertalk.org.uk](mailto:enquiries@peertalk.org.uk)
- 🐦 @peer\_talk
- 📘 @peertalk1
- 📷 [peertalkcharity](https://www.instagram.com/peertalkcharity)

**EVERY TUESDAY 6.30<sup>pm</sup> – 8.00<sup>pm</sup>**

Fairfax Hall, Room 121,  
Leeds Beckett University,  
Headingley Campus,  
Leeds, LS6 3QT.

