

Just turn up at 11.00am.....no need to book and it's free

"People start to heal the moment they feel heard"

Cheryl Robinson

KNOWSLEY

# PeerTalk®



**Peer Support Group  
for those living with  
depression, anxiety  
or other distress**



PeerTalk®

Find out more at:

- 📞 07719 562 617
- 🌐 [peertalk.org.uk](http://peertalk.org.uk)
- ✉ [enquiries@peertalk.org.uk](mailto:enquiries@peertalk.org.uk)
- 🐦 @peer\_talk
- 📘 @peertalk1
- 📷 [peertalkcharity](https://www.instagram.com/peertalkcharity)

**EVERY WEDNESDAY 11.00<sup>am</sup> – 12.30<sup>pm</sup>**

Old School House,  
St Johns Road,  
Huyton, Liverpool,  
L36 0UX.

