

Just turn up at 7.30pm.....no need to book and it's free

"People start to heal the moment they feel heard"
Cheryl Robinson 2008

HUDDERSFIELD

PeerTalk®



**Peer Support Group
for those living with
depression, anxiety
or other distress**



PeerTalk®

Find out more at:

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- 🌐 peertalk.org.uk
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- 📘 @peertalk1
- 📷 [peertalkcharity](https://www.instagram.com/peertalkcharity)

EVERY THURSDAY 7.30pm – 9.00pm

The Lounge,
St Paul's Methodist Church,
Wakefield Rd, Dalton,
Huddersfield, HD5 8DE.

